



MISSION POSSIBLE

Equipping the Next Generation of Christ Centered Leaders

Team Member Guide
Haiti

Dress Code, Packing List, and Travel Information

Dress Code:

The following dress code is at the request of nationals in leadership with Mission Possible. Dress according to the climate and culture of Hispaniola—it could be very hot and humid. You may be most comfortable in loose fitting cotton clothing. Clothing must be neat and modest. Haitian and Dominican men and women are generally very modest and conservative in their dress and they take pride in their appearance.

All body piercing jewelry must be removed except for earrings on females. No ankle bracelets or toe rings should be worn. Males must remove any hair extensions.

Please do not take flashy or expensive jewelry with you. This prevents theft as well as the possibility of offending others in a much poorer country.

Clothing to Bring (Haiti):

Men We recommend jeans, khaki's or slacks for all times off the Mission Center, as well as short-sleeve sport shirts.

Women Jeans, khakis, or slacks are appropriate at a construction work site, although many women find a long skirt (below the knees – half way between knee and ankle is best) or dress to be more comfortable. Tops should have cap sleeves or longer that cover the shoulders.

Shoes Comfortable walking shoes. Sneakers are fine. You should wear shoes at all times for your protection, even during swimming and evenings.

School Visits The above recommendations for men will work for school visits. Women must wear skirt or dress that goes below the knee when sitting for school visits.

Church Haitians dress their best for church. We encourage people to wear dress clothes to church, but do not look extravagant. Men, please wear khaki's or dress slacks and a nice shirt with a collar. Jackets and ties are optional. Women, please wear a dress or skirt covering your knees even when sitting and ensure your shoulders are covered. Any pastor who may be given opportunity to preach or share should wear a dress shirt and tie.

Construction Work Teams Most people (men and women) prefer to wear jeans or work pants for their durability and comfort. Be aware that pants will best protect you from injuries as well as disease through mosquitoes. Don't forget sturdy work shoes, safety goggles, and gloves.

At The Mission Center Shorts are acceptable for men, capris are acceptable for women. Swimsuits should only be worn when swimming. At night, modesty is the key. Wear at least shorts and a t-shirt for sleeping. You will also want some sandals or inexpensive flip-flops at night.

Swimsuits Ladies should wear a 1-piece suit (or modest shorts and shirt) along with a cover-up or wrap worn when out of the water. Men, please wear modest swim trunks or shorts. Everyone should bring water shoes for the ocean.

Modesty is most important at all times. If you question wearing a certain piece of clothing, ask if it is appropriate or choose a different piece.

Please remember to bring hats, sunglasses and sunscreen for sun protection, as well as insect repellent and lotion for insect bites.

Clothing Not to Bring:

- No sleeveless shirts, tops or dresses are allowed, however an appropriate top worn under a sleeveless sundress or jumper is acceptable.
- Tank tops for either guys or girls.
- Short tops that can't be tucked in.
- Dresses or blouses with a low-cut front or back.
- Bikinis, tankinis, two-piece swimsuits for girls, suits with French-cut legs, or revealing one-piece swimsuits
- Skimpy swim trunks for guys.
- Clothing or other items which may be offensive to our Christian testimony (shirts with beer or cigarette ads, rock groups, suggestive phrases, or anything which would be a poor testimony).
- **Do not** take or wear flashy or expensive jewelry. Loss or theft is possible. Please leave it at home.

Cell Phones and Computers:

Cell phones enable us to communicate from places and at rates never before seen. Our policy for bringing cell phone on mission is this: when on North American soil, cell phone use is at the discretion of the team member. Once in Haiti or the Dominican Republic, it is the responsibility of Mission Possible to communicate with family members and home churches. With this said, cell phone use is prohibited during the team's time in-country. Only under emergency situations approved by the team leader will cell phone use, voice, text or data, be allowed.

Computers also allow communication as never before. We realize, too, that computer time (email, web, FaceBook, etc.) can be disruptive to the team's cohesion and to the impact the mission trip can have on the individual's life. With this, our policy is to prohibit personal computers on mission teams. If computer functionality is needed for the team to complete its purpose, Mission Possible will provide or the team leader will coordinate the needed computer resources.

Passport:

Everyone, including children, must have a valid passport.

See the following for full information on passport application.

USA: http://travel.state.gov/passport/get/first/first_830.html

Canada: <http://www.ppt.gc.ca/index.aspx>

The Mission Center and the rooms in which we stay are secure. When we leave the Mission Center, we will lock our rooms so that no one has easy access. Your passport and

spending money should be safe. Make sure that you keep it stored away and not out in the open.

If you feel better about keeping your valuables with you, feel free to do so. A fanny pack or backpack is an excellent way to carry your personal items, (I.D., money, sunscreen, camera, etc.), when traveling.

Medical and Health:

Malaria, which is carried by mosquitoes, is present in Hispaniola (the island that holds Haiti and the DR) and preventative measures are suggested. Contact your physician for advice regarding this and any other medical needs.

Check with the U.S. Center for Disease Control and Prevention for current health standards and immunization requirements.

CDC Traveler's Health: <http://wwwn.cdc.gov/travel/default.aspx>

Traveler's Health Issues: http://gninsurance.com/medical_advice.asp

The Travel Doctor: <http://www.travdoc.com/travdoc.html>

Health Safety Precautions in-Country:

When out in the community DO NOT eat any food or drink any water or soft drinks unless okayed by the mission team host. You will want to bring a portable bottle for water as you travel in the country. An adequate supply of drinking water will be provided.

There are many and different bacteria in Haiti and the Dominican Republic. Since you will be in regular contact with adults and school children who may transmit bacteria, we suggest washing your hands frequently. When water and soap are not immediately available, use hand sanitizer (take a 3 oz. bottle in your carry-on bag and a large bottle in your suitcase) or handi-wipes. Also the currency can be very dirty and may carry bacteria.

Ciprofloxacin (Cipro) has been effective for team members in combating stomach issues. As with all medication, check with your doctor to see if Cipro could be an option for you to have available. You can read more about Cipro at <http://www.drugs.com/ciprofloxacin.html>.

Personal Medicines and Supplies

Here is a list of medicines and supplies for you to consider taking on your trip. We want you to feel most comfortable in having these supplies available as you travel. You can take this list personally or coordinate with your team and create a team kit. Prescription medicines need to be taken on an individual basis. As with all medication, check with your doctor to ensure that what is listed is appropriate for your use.

- 2 week supply of any prescription meds
- Tylenol 500 mg – 20 count
- Ibuprofen 200 mg – 20 count
- Imodium Advanced – 10 count
- Pepto Bismol tabs – 1 box
- Benadryl tabs 25 mg – 10 count (for itching, sleep as needed)
- Hydrocortisone cream – 1 tube
- Benadryl anti-itch cream – 1 tube
- Triple antibiotic ointment – 1 tube
- Cold tabs, non-drowsy – 1 box
- Ciprofloxacin 500 mg – 6 count (for stomach issues – prescription)
- Chloroquine Phosphate* 500 mg – 7 count (anti-malaria – prescription)
- Small box of band aids
- Ear plugs

* Chloroquine is to be 500 mg, one week before the trip and 500 mg every seven days until four weeks after trip. Be sure to check the dosage that your doctor prescribes and follow those directions in taking your anti-malaria drug.

Water:

Dehydration is a concern. Be sure to drink twice as much water as you would at home. Watch for signs of dehydration in yourself and others on the trip. Dehydration leads to weakness, headaches, dizziness, or dark and strong smelling urine. If you are traveling with children, be sure to monitor their liquid intake.

Adequate, safe drinking water will be supplied. It is your responsibility to carry and drink an adequate supply. Do not drink any water from an un-processed container. Even when showering, do not take water into your mouth. Use provided water to brush your teeth; water from the faucet is not safe and brushing your teeth with it could cause stomach illness.

Suitcases:

If possible, do not bring your best luggage on a mission trip. You can often find a good, sturdy, used suitcase at the Goodwill, Salvation Army or thrift stores for \$5 or \$10. The airlines continue to change baggage rules. Have your travel agent or your team leader call the airline before packing for current baggage details or go online to see your airline's baggage regulations.

Carry On Bags:

You will need to carry with you several items in the event that your checked baggage does not arrive at your destination. Carry with you clothing and personal hygiene items you would need over a 24 hour period. Remember that liquid items being carried-on need to be 3 oz. or less in size and enclosed in a quart-sized, clear, zip-lock bag. Also, be sure to take any personal medications that you will need. Keep three days worth of medicine in your carry-on bag.

Cash:

U.S. currency is needed for travel food and entry into the Dominican Republic. You will discuss how much you will need during your team training.

Prayer:

Be sure to have your family, friends and church family pray for you before, during and after the trip. You are doing work for the Lord so it is very important that you are covered by prayer.

Papers Needed to Get There:

You will need a valid passport.

For Haiti you will be given a tourist card to fill in during your flight. Fill in that you will be staying at **Lanzac** and the purpose of the trip is **pleasure**.

For the Dominican Republic, you will need to purchase a tourist card at the Santo Domingo airport. Write “**recreo**” as the purpose of your trip. Write “**Barahona**” as the destination.

Document Copies:

To ensure safety, a copy of the following will need to be made before leaving on your trip. Electronic copies can be made and taken on the trip with a copy given to a family member or kept at your home church office. It is advisable for you to take a paper copy with you as well.

- Passport data page
- Drivers license
- Social Security card
- Vaccination certification (optional)
- Medical Emergency forms
- Medical Insurance information

It is also good to have two, current photographs. These can be wallet size pictures and will be used for emergency or identification purposes.

Travel Insurance (Optional):

Short Term Missions travel insurance is available from a number of sources. Please be sure to read the policy coverage documents. You can use following web site as one option for travel insurance. Travel insurance is optional and not a part of the Mission Possible fees.

USA:

<http://www.brotherhoodmutual.com/insPrograms/passportToMinistry/applications.htm>

Canada:

<http://www.voyage.gc.ca/publications/bon-voyage-eng.asp#insure>

Travel Bulletins:

Mission Possible takes your safety very seriously. Even with every precaution, we can not guarantee a perfectly safe environment while traveling in Haiti or the Dominican Republic. Use the following web sites to inform yourselves on travel safety.

Check with the U.S. Department of State web sites for current travel information.

Travel Tips: http://travel.state.gov/travel/tips/tips_1232.html

Travel Warnings and Alerts: http://travel.state.gov/travel/cis_pa_tw/cis_pa_tw_1168.html

Country Specific Information: http://travel.state.gov/travel/cis_pa_tw/cis/cis_1765.html

Check with Foreign Affairs and International Trade Canada.

http://www.voyage.gc.ca/countries_pays/report_rapport-eng.asp?id=117000

Packing List

- Minimal Toiletry Kit:
 - Qtips
 - razor
 - toothbrush and paste*
 - brush or comb
 - soap
 - small shampoo*
 - deodorant*
 - feminine products*
 - hand sanitizer* and sanitizing wipes
 - 1-2 rolls of toilet paper (single thickness is best for Haiti septic systems)
 - Put all carry-on liquids and gels inside a 1-quart, clear Ziploc bag (airport security rule)
- Skin protection (can be done as a team):
 - sunscreen
 - lipbalm
 - insect repellent
 - sunburn lotion
- Small first-aid kit (can be done as a team):
 - Tylenol 500 mg – 20 count
 - Ibuprofen 200 mg – 20 count
 - Imodium Advanced – 10 count
 - Pepto Bismol tabs – 1 box
 - Benadryl tabs 25 mg – 10 count (for itching, sleep as needed)
 - Hydrocortisone cream – 1 tube
 - Benadryl anti-itch cream – 1 tube
 - Triple antibiotic ointment – 1 tube
 - cold tabs, non-drowsy – 1 box
 - Ciprofloxacin 500 mg – 6 count (for stomach issues – prescription)
 - Chloroquine Phosphate* 500 mg – 7 count (anti-malaria – prescription)
 - ear plugs (if sounds or snoring keep you awake at night)
 - bandaids
 - allergy/sinus and cold medicine
 - laxative (optional)
 - eyewash
- Personal Medications (a 2 week supply) and Medical Equipment*
- Plane tickets/E-tickets/boarding passes
- Documents
 - Passport
 - driver's license / ID (optional)
 - Credentials (medical, dental, pastoral, etc.- optional)
 - One credit/debit card (optional)

- Take along a photocopy of passport and driver's license and keep in a different place in case originals are lost or stolen. Also leave a set of copies at home.
- Alarm clock (battery or wind-up – one per room)
- Beach towel
- Hair blower (Optional)
- Small Pillow (Optional)
- Wash cloths and towels
- Hangers (Optional - if you want to hang up your clothes)
- Squeeze bottle/ Water bottle (empty)*
- Laundry soap for washing out your clothes in the sink (Optional)
- Camera/ Film/ Batteries (these are very expensive in-country)*
- Games or cards
- This Team Member Guide
- Bible for private devotions and for ministry*
- Teaching materials (if you are providing training)
- Daypack or fanny pack to use when visiting the village/mountain schools (size to hold travel toilet paper, small hand sanitizer, snacks, and water bottle)
- Notebook or trip journal and pens to record your experiences
- Spare glasses and/or sunglasses*
- Flashlight and batteries
- Plastic bags for wet/dirty clothes
- Work and project tools and materials
- Spending money (\$5 to \$25 per souvenir. Food and beverage money during flights/airport time to and from Haiti.)

- Clothing (All clothing must meet Mission Possible acceptability standards)**
 - Sturdy Shoes for working and walking
 - Water Shoes at beach (the beaches are rocky)
 - Comfortable shoes/sandals/flip-flops for evenings at the Mission Center
 - Under garments*
 - Pajamas
 - Shirts*
 - Women - Dresses or skirts to the knee when sitting and loose fitting Capri's or long pants to work in (longer shorts or capri's for evening use at the Mission Center)
 - Men - Casual Pants, Jeans and Shorts (shorts only for evening use at the Mission Center)
 - Bathing Suit
 - Belt
 - Work gloves and goggles
 - Hat or sunhat
 - Handkerchiefs or personal size tissues

* Consider these items for your carry on bag. If carried on, they must be in 3 oz. or smaller containers. All jells, liquids, and sprays that are carried on must be in a one quart, clear, zip-lock bag.

Haiti Immigration Cheat Sheet

You will be given two forms to fill out on the airplane as you travel to Port-au-Prince. The format of the forms may change, but here is the pertinent information you will need to fill in these forms.

For the Immigration Form:

Your Last Name
Your First Name
Your Birthday – note the date format difference of DD/MM/YYYY
Country of Birth (USA, Canada, etc.)
Nationality (USA, Canada, etc.) – most likely this is the same as Country of Birth

Passport Number: _____

Flight number to Port-au-Prince: _____

Travel Purpose: **Recreation**
Address in Haiti: **National Road 1, Lanzaç**
(Alternate city: Montrouis – pronounced Mō-ēē)
Haiti Phone Number: 5093-762-0403

Below the perforation:

Your Last Name
Your First Name
Your Birthday – note format difference of DD/MM/YYYY
Country of Birth (USA, Canada, etc.)
Nationality (USA, Canada, etc.) – most likely this is the same as Country of Birth
Passport Number:

This bottom section will be given back to you when you pass through immigration. You must have this bottom section with your passport when you leave Haiti. Be sure to keep track of this bottom section when it is returned to you.

For the Customs Declaration Form:

Much of the same information will be needed for the customs declaration form.

The next pages show you a copy of the immigration and customs forms, as of January 2011, and give you an idea of what the forms will be like.

Dates are:
DD/MM/YYYY

FORMULAIRE POUR PASSEPORT ETRANGER



FORM FOR FOREIGN PASSPORT

REPUBLIQUE D'HAÏTI

REPUBLIC OF HAITI

MINISTÈRE DE L'INTERIEUR ET DES COLLECTIVITES TERRITORIALES

MINISTÈRE DE L'INTERIEUR ET DES COLLECTIVITES TERRITORIALES

DIRECTION DE L'IMMIGRATION ET DE L'EMIGRATION

DIRECTION OF IMMIGRATION AND EMIGRATION

Formulaire d'Arrivée / Départ

Form of Arrival / Departure

Bienvenue en Haïti

Welcome to Haiti

Remplir ce formulaire en caractères d'imprimerie. Les informations doivent être identiques à celles contenues dans le passeport.

Fill this form in capital letters. Information must meet data in your passport.

Arrivée / Arrival B00504954

1. Nom / Last name

2. Prénom(s) / First name(s)

3. Date de naissance (JJ/MM/AAAA) / Date of birth (DD/MM/YYYY)

4. Sexe / Sex
 Male / Masculin Female / Féminin

5. Pays de naissance / Country of birth

6. Nationalité / Nationality

7. Numéro de passeport / Passport number

8. Port d'entrée / Port of entry
 Air / Air Mer / Sea Terre / Land

9. Numéro du Transporteur / Carrier number

10. But du voyage / Travel purpose
 Affaires / Business Vacances / Recreation Autre / Other

11. Type et Numéro de l'autorisation d'entrée (si nécessaire) / Type and number of entry authorization (if required)
 Visas Permis Séjour

12. Lieu d'émission / Issued from

13. Adresse de résidence / Residence address
 Rue / Street
 Ville / City
 Pays / Country

14. Adresse en Haïti / Address in Haïti
 Rue / Street: NATIONAL ROAD 1
 Ville / City: LANZAC
 Téléphone / Phone: 5093 762 0403

Utilisation officielle / Official Use

Signature / Signature

flight number →
USA Do not use →

Départ / Departure B00504954

1. Nom / Last name

2. Prénom(s) / First name(s)

3. Date de naissance (JJ/MM/AAAA) / Date of birth (DD/MM/YYYY)

4. Sexe / Sex
 Male / Masculin Female / Féminin

5. Pays de naissance / Country of birth

6. Nationalité / Nationality

7. Numéro de passeport / Passport number

8. Port d'entrée / Port of entry
 Air / Air Mer / Sea Terre / Land

Conservez ce document. Il vous sera demandé lors de votre départ. Retain this document. You must present it when you leave Haïti.

Signature / Signature

